Our democracy is under siege, and thanks to the beauty of live streaming, the nation has a front row seat. Who’s got the popcorn? Labor 411 recognizes that, while a significantly serious matter, the public impeachment inquiry into Donald Trump’s potentially illegal interaction with Ukraine is an occasion for friends to get together to watch the public hearings, debate the testimony and maybe hurl projectiles at the screen. For this, you’ll need nourishment, and now is not the time to play it safe on the calories. Comfort food no matter how unhealthy is in order. To that end, we have attached a list of indulgences to have on hand for an impeachment hearing watching party. Everything on the list is made by ethical companies that treat their workers decently and give them a voice on the job. Keep a level head, indulge without guilt and let’s all help build a stronger America.

**Salty stuff**
(for the wounds)

- Act II Popcorn
- Lay’s
- Cheetos
- Cheez-It
- Chex Mix
- Doritos
- Fritos
- Rold Gold Pretzels
- Ruffles
- Triscuit
- Wheat Thins

**How sweet it is**
(well, not for POTUS)

- See’s Candies
- Ghirardelli
- Hershey’s
- Russell Stover
- Hershey’s Milk Chocolate Bars
- Baby Ruth
- Butterfinger
- Jelly Belly
- Red Vines
- Tootsie Rolls

**Throw one back**

- Bass
- Beck’s
- Blue Moon
- Budweiser
- Coors
- Dundee
- Goose Island
- Hamm’s
- Henry Weinhard’s
- Kirin Ichiban
- Land Shark Lager
- Leinenkugel’s
- Mad River
- Mendocino Brewing
- Michelob
- Miller
- Natural Ice
- O’Doul’s
- Pabst
- Rolling Rock
- Sam Adams
- Schlitz
- Shock Top

For a complete list, visit Labor411.org